



Providing fitness and community for individuals and families through physical, educational, cultural, and social programs



UPCOMING EVENTS

April Slovo articles due March 1

Sokol Gift Shop open by appointment

Curbside Flavors of Slovakia Dinner

Reservation by March 1 Pick-up on March 6 (reservation info adjacent)

Curbside Spring Koláče Bake Sale Saturday, April 3, Curbside Pickup: 10 a.m.-2 p.m. (info on page 12)

Easter Saturday Activities Saturday, April 3, 10 a.m.-2 p.m. (info on page 7)

Outdoor Craft and Flea Market Saturday, May 1, 9 a.m.-6 p.m. (info on page 6)





pickled beets (nakladaná repa), filled dumplings (pirohy), dumplings w/cabbage (halušky s kapustou), caraway rye bread (rascový ražný chlieb), and dessert. \$20

Orders must be prepaid and received by March 1, 2021 via:

PayPal: www.sokolmn.org/cc/

avmen or check: payable and mailed to Sokol Minnesota (address above)

For status of events scheduled for the C.S.P.S. Hall, check our calendar at www.sokolmn.org/at-our-hall/hall-calendar/

Prezidentův komentář/President's Notes

by Dave Stepan

As I slide out from just under 30 years of employment at Hennepin County and into retirement, I can only be thankful. By the time you read this, my wife Darnell and I will be celebrating our newfound freedom and in some western state visiting family and friends, skiing, biking, inline skating, or hiking a National Park. We plan to make it an "active vacation," so if you want to follow our travels go to Instagram travels.with.lifetime. We wanted to use "travel of a lifetime," but that was taken!



Sometimes I forget how short of a time we have on this planet to make our mark. I am reminded with the passing of former Czech and Slovak Sokol Minnesota President Judy Aubrecht. Judy left big shoes to fill on several committees and a hole in our hearts. Louise Wessinger and now co-director Doreen McKenney will carry on with the Czech and Slovak Sokol Minnesota Children's Cultural Camp. Gary Zweber has agreed to chair the Rental Committee. Mary Cahill will take over the Planning Chair. We will get along, as we have in the past, but our loss is a big change for us. We know Sokol Minnesota's loss does not compare with the loss felt by Tom and their daughters Kate Aubrecht and Jen Aubrecht Massey (David). Our condolences to you!

On a brighter note, I would love to get more of you involved. I was lucky to cajole my friend Judy (Stodola) Metcalf to join us on a couple of committees. Thanks, Judy! If anyone else is interested in helping, please contact me at president@sokolmn.org

We continue to move forward with our *učitelé* (teachers) Blanka Brichta, Renáta Tichá, and Barbora Carlson and their Czech and Slovak language students. The Czech and Slovak Literary Ventures continue online with numerous good reads and interesting topics. Our Czech & Slovak School Twin Cities (*škola*) is providing lessons online and individually at home until we can regroup safely. Our boys' gymnastics may be starting again after starting and stopping once or twice before, based on State of Minnesota mandates; girls' gymnastics continues on hold.

The Curbside Roast Duck Dinner in January was a sellout and WOW was the duck *nejlepší* (the best)! I can't wait for next year's dinner!

Orders for the annual Curbside Flavors of Slovakia Dinner on March 6 must be prepaid and received by March 1 (see the ad on page 1). I am positive it will be a success.

Our friend Dan Kirkpatrick will again host our Second Annual Mushroom hunt May 23 in Eagan. We will have more information in the next *Slovo*.

I know it is early to plan your summer, but I want you ALL to put June 6 on your calendar as I am hosting what I hope to be a family-fun Czech and Slovak Sokol Minnesota members' and volunteers' picnic at Lakewood Hills Park in White Bear Lake. I will be wearing my toque as I grill up some *jitrnice* and *kielbasa*!

We are working out the details to support our youth, as we recently voted to create a Youth Activities Committee. Our hope is to make our C.S.P.S. Hall a "home away from home" for your teenage children or grandchildren by giving them opportunities to get to know each other in a different facet of Sokol Minnesota than our gymnastics, *škola*, or dance activities.

And lastly, my daughter Michelle, who is now helping administer the Facebook account, has posted the following for those of you buying online. If you buy via AMAZON, please take the time to help Sokol Minnesota earn donations at no cost to you. Smile.amazon.com has a program in which a percentage of purchases are donated to Sokol Minnesota. Here is how you can help:

1. Visit smile.amazon.com

2. Sign in

3. Choose your charity by searching for "Sokol Minnesota" and pressing "select" Every amount helps. Your time, talent, and financial assistance are always appreciated!! *Nazdar!*

Czech and Slovak Sokol Minnesota provides fitness and community for individuals and families through physical, educational, cultural, and social programs for children, teens, and adults.

Information on our programs, calendar of events, membership, C.S.P.S. Hall rentals, and gift shop, plus e-addresses for our board, program directors, volunteer staff, and the Czech Honorary Consul, as well as *Slovo* past issues, are available at www.sokolmn.org or www.facebook.com/sokolminnesota Czech and Slovak Sokol Minnesota

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Past issues of *Slovo* and Hall Calendar of Events: www.sokolmn.org

Eighteenth Annual Roast Duck Dinner

By Doreen McKenney

Volunteers bundled up to serve the sold-out 18th Annual Roast Duck Dinner. 138 dinners were sold.

The Curbside Cuisine event on January 23 was co-chaired and cooked by Doreen McKenney and Joan Sedlacek.

Sokol Minnesota is approaching a full calendar year of providing delicious meals for Curbside Pickup and the support has been beyond all expectations.

Yes, of course we miss the intimate setting the dinners have provided over the years. However, having support from new and returning regulars like Christy and Sam Simmons, who drove all the way from Rochester to Saint Paul to pick up not only their duck dinners but also their friends, shows the love of our Czech food! _

Support like this makes it so worthwhile offering Curbside Pickup.



18th annual Roast Duck Dinner curbside

Volunteers during the shift change, L to R: Amanda Tesarek, Joyce Tesarek, Doreen McKenney, Joan Sedlacek, Colin Hester, Lenka Hester, and Tereza Treanor. Volunteers who helped assemble the meals, but not pictured: Don and Katie Haselbauer.



Thank you to the Jovahoviski family for sharing their Roast Duck Dinner table setting photo after posting it on Instagram.



Delicious ducks on rows of trays.



Judy Aubrecht at 2016 Children's Holiday Party

Remembering Judy Aubrecht

On January 14, 2021, our dear Sokol Minnesota friend Judy (Lent) Aubrecht lost her long battle with health issues related to cancer. Even though we knew Judy had these issues for 14 years, her ever cheery and positive outlook made it not seem possible that she was as sick as she was.

Judy was born in Rochester, Minnesota. She would have been 70 years old on May 7. She was the oldest of four children, having three younger brothers. Judy attended Rochester Lourdes High School and the University of Minnesota, graduating with a degree in Psychology. Judy and her husband Tom were married in February 1973. She earned her MSW in Social Work from the University of Wisconsin, Milwaukee in 1979. Judy worked in social work throughout her life, including 27 years in elementary schools in the North Saint Paul/Maplewood/Oakdale School District.

Judy loved spending time with family and friends and organizing many family and group activities and trips. She and Tom also loved to travel and visited 48 states and several foreign countries, including the Czech Republic and the Slovak Republic. Judy and Tom danced with the Saint Paul Czech and Slovak Folk Dancers for 15 years, through last winter, performing with the group for many festivals throughout the region. They also liked to bike, cross-country ski, and hike together, as well as attend plays, concerts, and cultural events. Judy was an avid reader of the daily newspaper and mysteries, fiction, and cookbooks. Judy and Tom were long-time volunteers with Czech and Slovak Sokol Minnesota (Tom's ancestry). Judy served in many roles including Board of Trustees Chair, Planning Committee member, Rental Committee Chair, and served five years as President. Judy was also Co-Director of the Sokol Minnesota Children's Cultural Day Camp for 23 years. Judy recently joined

the Parish Council at Lumen Christi Catholic Church in Saint Paul.

Judy was an excellent mother to her daughters Kate Aubrecht and Jen (Aubrecht) Massey (David). She worked with Tom to instill in them the values of empathy, kindness, respect, responsibility, tenacity, hard work, and courage. She was very supportive of her girls and devoted to helping them pursue their dreams. As Jen said in her eulogy, "Mom always went out of her way to bring people together.'

Judy was a skilled organizer and we, as members of Sokol Minnesota, were blessed by her sharing of her skills in many of our activities. Judy was a great friend, always ready to listen or offer an opinion or advice. She always had a joyful "Hello!" for you. Even as she became more ill, she rarely, if ever, complained. She faced her disease with strength and bravery. Judy carried on and did her best, continuing to be helpful, even aiding in packing the Mini-Camp bags in early December. She leaves a hole in our hearts. We will dearly miss her.

Here are remembrances of Judy from a few of her many Sokol Minnesota friends.

Two of the many qualities I admire about Judy especially stand out for me: her personal resolve and her sense of adventure. Judy always followed through on something to its completion. With her wonderful sense of adventure, we traveled with our Sokol Minnesota Venture Scouts group to the Czech Republic and spent time camping with a group of Czech scouts. Judy made that trip memorable for all of us. The Czech scouts set up an obstacle course and part of it involved running through stinging nettles. Most of us were not keen on participating. However, there was Judy, a smile on her face, leading the way through those burning weeds. We all participated; another adventure attempted and completed.

We all knew Judy Aubrecht as a wise, positive, and patient leader. She always had informed, common-sense thoughts to share at Sokol Minnesota Board of Directors and committee meetings. She was a dedicated volunteer at events, from planning and volunteering, to staying until the very last dish was washed and put away, or the last baked koláče was bagged and boxed. Judy was fun, too. I remember laughing and joking as we examined "left overs" from a Sokol Minnesota Garage Sale's antiques table, imagining how we could use an item in a future Silent Auction basket or as a door prize for the Annual Members and Volunteers Holiday Party. Once when there was no space open for a website brainstorming meeting, we grabbed a couple of chairs and met in a third-floor closet, between boxes of event supplies stacked up on shelves along both walls up to the high ceiling. Judy was a very special person and she will be remembered and missed. Joyce Tesarek

Behind many Sokol Minnesota activities over the years stood former President Judy Aubrecht. Even after stepping down after five years as President, Judy never stepped back. She continued as Rental Committee Chair and Publicity Chair and she served on the Youth Leadership Award Committee. She was co-Managing Editor of the *Slovo*, danced with Tom with the Saint Paul Czech and Slovak Folk Dancers for 15 years, and was a co-founder and co-director for 23 years of the Sokol Minnesota Children's Cultural Day Camp. Sokol Minnesota has seen many leaders come and go, but Judy's legacy lives on. Thank you, Judy, for all that you did, but more importantly for who you were. Dave Stepan

Mary Cahill

continued on page 5

Remembrances of Judy continued

Although Judy and I worked on many projects together, my favorite was putting together the original concept of the Children's Cultural Day Camp. Several of us met to discuss our ideas for a week-long day camp focused on Czech and Slovak culture. Just a few days later, Judy approached me with a three-fold brochure advertising the camp and asked, "Is this what you had in mind?" And so, we were committed! As we start preparing for our 23rd Camp, I am missing my friend and Co-Director Judy, but Doreen McKenney and I will do our best to carry on the tradition we started nearly a quarter century ago. Louise Wessinger

Judy Aubrecht was the epitome of an outstanding Sokol Minnesota member. If a task needed doing, she was always willing and able to do it. She did not hesitate to take on a variety of leadership positions for our beloved Czech and Slovak Sokol Minnesota, including as a member of the Board of Trustees which keeps our C.S.P.S. building functioning (she chaired the kitchen renovation committee). President, Publicity chair, Slovo editorial staff, Culture Camp co-director, and more. She worked with Sokol Minnesota members in such a sincere way that everyone felt valued, understood, and appreciated. I became especially well acquainted with Judy when we worked together on Slavnost, the 100/50/25 years celebration in 2018. She helped produce a remarkable and memorable evening of entertainment, food, and fantastic commemoration. I will miss Judy's thoughtful guidance, spirit, and dedication. Marit Lee Kucera

2021 Youth Leadership Awards

The Youth Leadership Award is designed to encourage and acknowledge the outstanding participation of youth members of Czech and Slovak Sokol Minnesota and to foster a future generation of members and leaders for our organization.

Information on the Youth Leadership Awards for 2021 will be available in the April *Slovo*.



Send your email address to publicity@sokolmn.org



The 23rd annual Children's Czech and Slovak Cultural Day Camp is scheduled for June 14-18, 2021

Register by May 1 to qualify for the Early-Bird discount. All camp registration materials must be received by June 1. Registration materials for campers ages 6 to 14, adult volunteers, and junior leaders ages 15 to 21 can be downloaded at www.sokolmn.org

Full refund if camp needs to be postponed.

Questions? Contact Louise Wessinger 651-452-6240

Pajarito Partners Add Restaurants to Their Roster

By Joyce Tesarek

Czech and Slovak Sokol Minnesota is pleased to continue to have the successful Pajarito Restaurant as our tenant on the first floor of the C.S.P.S. Hall. Last year the owners opened a second Pajarito location in Edina. The owners behind Pajarito made headlines recently with the announcement they had purchased a chain of restaurants. The acquisition includes seven Lucky's 13 Pub locations, as well as four other restaurants located primarily across the Twin Cities, plus two in North Dakota. The move was a rare opportunity and a big decision for the small restaurant group that was initially formed to open Pajarito here at our C.S.P.S. Hall. The purchase also reunites Pajarito senior partner, Charlie Burrows, with the restaurant chain he launched in 2007 (and had subsequently sold in early 2019.)

"We had a limited window of opportunity where the timing and terms were just right," said chef/partner Stephan Hesse. "It gave us the opportunity to return these restaurants to being locally owned and family run, and that's huge for us. It will also help strengthen our buying power with suppliers, which will be great for all our restaurants." The financing behind the purchase will also support the Pajarito restaurants during these challenging pandemic times.

Pajarito's rent has provided great support for our Sokol Minnesota programs and maintenance of the Hall, besides offering us a quality place to go for a meal or drink. Let's all support Pajarito and their new acquisitions with our patronage.

Member News

Sokol Minnesota Welcomes New Members By Steve Ernest

Eight new Czech and Slovak Sokol Minnesota members were accepted at the January Board of Directors meeting:

Diane (Imbrone) Bell of Saint Paul, with interests in the Saint Paul Czech and Slovak Folk Dancers, the *Kolo* Sokol Bicycle Group, and C.S.P.S. Hall upkeep.

Bruce Chuchel of Menlo Park, California, with interests in genealogy/history, films/theater, Literary Ventures group, *Kolo* Sokol Bicycle Group, language and cooking classes, and all kinds of event help.

Tim and Kathleen Killeen of Mendota Heights, with interests in genealogy/history, films/theater, and the literature group.

Mia Rodgers and **Hynek Hermann** of Plymouth, with interests in language classes.

Kenyon Sayler of Roseville, with interests in music/dances, *Kolo* Sokol Bicycle Group, event setup and cleanup.

Michael Trittipo of Minneapolis, with interests in language classes. Welcome to Sokol Minnesota!



Kolo Sokol Bike Club

Kolo means bike in Czech and Slovak. The goal of *Kolo* Sokol is to organize safe, family-friendly outings that help strengthen the physical and social health of our community.

sokolmn.org/bike



Upcoming Sokol Minnesota Education Events via Zoom

Svíčková na Smetaně s Knedlíkem

Join our fabulous chefs Markéta Pálková and Míša Giancarlo Kotek for Sokol Minnesota's Czech version of the Food Network channel!

Markéta and Míša will make *Svíčková na smetaně s knedlíkem*, a classic Czech Sunday family lunch dish of sirloin steak and cream sauce, served with bread dumplings.

This will be a recorded session with questions and answers following via Zoom.

Check the website for the date in March: www.sokolmn.org/svickova-s-knedliky-on-zoom



Lecture: The Czechoslovak Kafka

Join the Czech and Slovak Cultural Center of Minnesota presentation and discussion via Zoom on March 13 at 12 noon CST. See cs-center.org

Dr. Anne Jamison will discuss her book *The Czechoslovak Kafka*. This book explores the influence of the newly formed Czechoslovak state in 1918 on Kafka as he became "Czechoslovak." This change impacted his writing as well as his perspective on Prague and Czech culture. The book also explains how many Czechoslovak Jews moved between German and Czech culture and language. Kafka spent most of his life in Prague, but did not fully identify as a Czech, even though he saw the possibilities and hazards of the new state.

Dr. Jamison is Professor of English at the University of Utah.

Lecture: What Do Czech Speakers Think About Their Language?

Join the Czech and Slovak Cultural Center of Minnesota for a presentation by Lucie Saicová Římalová and discussion on Saturday, March 20, 2021, at 10 a.m. via Zoom at: https://umn.zoom.us/j/97335516485

We usually use our language automatically and do not think about it too much. From time to time, we may reflect on our language when we experience problems in communication or when our attention is drawn to something we consider atypical or incorrect. Czech speakers tend to pay special attention to orthography, among other things. Using data from the media and the Internet, the presentation will show how Czech nonlinguists see their language today, what is important to them, and how they discuss selected linguistic topics, such as language acquisition, the influence of English on Czech, or the formation of female surnames.

About the presenter: Lucie Saicová Římalová, PhD, is an associate professor of Czech language at Charles University in Prague.

More information for CSCC: www.cs-center.org

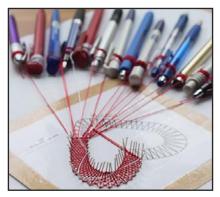
Easter Saturday Activities

Join Czech & Slovak School Twin Cities and Sokol Minnesota on Saturday, April 3, via Zoom for Easter activities.

> Check the website for details: www.sokolmn.org/easter-saturday/

Bobbin Lace Class

Dagmar Beckel-Machyckova, lace maker and teacher, will lead a workshop on Bobbin Lace on Zoom in April. The class will consist of (2) two-hour lessons, the first on April 10 and the second on April 17. Both sessions are at 2 p.m. The class is limited to six people, so sign up soon.



Signups are limited to members of Sokol Minnesota and Czech & Slovak School Twin Cities (*škola*) through the first week of March and then registration will open to others.

If there is enough response, we may hold a second set of classes. The tuition for the two sessions is \$35 for Sokol Minnesota or *škola* members, \$40 for non-members. A list of needed supplies will be provided.

Please see the website for more information: www.sokolmn.org/bobbin-lace-class-on-zoom

For all questions on any of these events, please contact Pat at education@sokolmn.org



Highlights of the Sokol Minnesota January Board Meeting

By Denise Stibal

The first Virtual Meeting of 2021 was called to order on January 28 at 7:05 p.m. by President Dave Stepan.

A minute of silence was held in honor of our beloved departed board member, Judy Aubrecht.

The Happy Birthday song Živijó was sung to Norm Petrik.

Member-at-Large Blanka Brichta led the discussion of the annual Youth Leadership Award. Motion approved to award \$200 to each of three students to be selected by a committee. There will also be a Youth Committee to facilitate the various youth groups getting to know each other and to hold more events of interest to young people. Glynis Grostephan and Mary Cahill offered to assist in planning events.

Rental Committee: Gary Zweber has agreed to chair the committee and Judy Metcalf will join as a committee member.

Sunshine Committee: President Dave Stepan suggested a budget to cover expenses for cards, flowers, etc. He will discuss with the Board of Finance.

Corresponding Secretary Glynis Grostephan reported the following donations for December: Legacy: \$600 and General Fund \$5,783. Motion approved to donate \$100 each to the MSP Film Society and the Museum of Russian Art in memory of Al Milgrom.

Education Chair Pat Slaber noted we have 30 students in online language classes. Two cooking classes are planned for February, a cooking class is planned for March, and a Bobbin Lace class is planned for April. The Archives project to organize materials on the third floor is still in progress.

Membership: Norm Petrik informed us we have eight new members in January, bringing our total membership to 297.

Treasurer Don Haselbauer reported the account balances.

Board of Finance Chair Joyce Tesarek stated that all financial reports for 2020 have been reviewed without issue. A new laptop will be purchased for bookkeeping. Regarding the Paycheck Protection Program forgivable loans, we will be sending paperwork for the next round of loans in 2021. President Dave Stepan will ask each committee to submit a projected budget, which will be reviewed by the Board of Directors.

Board of Instructors: Boys classes will begin in February; girls' classes are on hold for now. Mary Cahill participated in a Western District Conference Call on January 24. American Sokol Organization (ASO) dues will be reduced and Western District dues will be waived for 2021.

Marit Kucera, who sits on the ASO Foundation Committee as the Western District Representative, inquired about the unit's promotion of events to attract members of the Czech diaspora; these Czech culture activities could potentially increase the possibility of larger grants in the future from the Czech government.

Joan Sedlacek, historian, has been working with units to update their histories.

The ASO National convention will be held in April 2022 in Dallas, Texas.

Building and Property Committee Chair Bob Kotek reported we will be working on a grant to replace the boiler. Bob is also seeking estimates to upgrade the smoke alarm system and some window replacements. Activities Director Jean Draheim noted upcoming events, including a Spring Mushroom Hunt on May 23 and a Member and Volunteers Appreciation Picnic on June 6 at Lakewood Hills Park in White Bear Lake.

Ed Hamernik, Gaming Chair, reported gaming is back in operation at Keenan's. In 2020, gaming donated \$15,500 to Sokol Minnesota and \$5,000 to the Saint Paul Youth Fund.

President Dave Stepan suggested we go ahead and purchase three bike racks for the Hall, color to be voted on via email.

New Business: Updated Board of Directors positions for 2021 include Ed Hamernik, First Vice President; Gary Zweber, Rental Committee Chair; and Mary Cahill, Planning Committee Chair.

Sokol Minnesota Thanks Donors By Glynis Grostephan

Czech and Slovak Sokol Minnesota greatly appreciates your donations supporting Sokol programs and the maintenance of our historic C.S.P.S. Hall.

LEGACY FUND

- **\$100 \$499: Marit Lee Kucera** in memory of Judy Aubrecht.
- \$500 \$999: Alan Dolejsi to Heat the Hall.

GENERAL FUND

- Under \$99: Geneva Adams, Diane Bell, Barbora and Daren Carlson, Mary Edel-Joyce, Joseph Gall, Colleen Gengler, Glynis Grostephan, Sharon Karas, Darla Kolb, Pam Kotval, Sally and Jay Leiberman, Denis Novak, Jan and Mike Roers, Pam Snopl, Raymond Vanyo, Richard Verner, Rose Vesely, Deb Vlasak, Michelle Vlasak.
- \$100 \$499: Pat and Don Andrle, Lillian Bednar, BMS Group, James G. Chlebecek, Geraldine Dooley, Marlene Hinshaw, Kay Hromadka Edquist, Vince Jirik, Charles Kalvoda, Bob Kostichka, Michaela Giancarlo Kotek and Robert Kotek, Judy Metcalf, Thomas Olson in memory of Judy Aubrecht, Teresa Pojar, Joan Sedlacek, Cheri and John Tesarek, Cheryl Nelson Theuninck and Mike Theuninck, Roger Wencl, Louise Wessinger, Czech & Slovak School Twin Cities from Sauerkraut/Bake Sale, Janet Balej for the new Sokol Minnesota awning.
- **\$500 \$999:** Cynthia Coulter, George Hoffman. Martin Kolar in honor of Marit Lee Kucera.

IN-KIND DONATIONS:

Dari Hogie for books, CD's, Czech Republic stamps, etc., **Laurie A. Pekarik** for boxed Slovak dolls.

Legacy Fund:	\$ 600
General Fund:	\$ 5,783
TOTAL:	\$ 6,383

<image>

Member News

Valentine Greetings from Members to Members

Glynis Grostephan, Doreen McKenney, and Arlene Hamernik sent out Valentine greetings to the senior Sokol Minnesota members.



A Fundraiser of Many Colors By Jitka Sebek

Czech & Slovak School Twin Cities (*škola*) and Czech and Slovak Sokol Minnesota joint events are like flowers: they start as a little seed that briskly sprouts deep roots and becomes a tall stem with many radiantly colored blossoms.

Five years ago, an idea for creative artistic activity, with cold, wintery days in mind, started a much-welcomed tradition among those of us who believe in the artsy gene. Of course, it would not be possible without all those patient art teachers among us who showed us sumi-e, textile painting, and this year bobbin lace making.

Bobbin lace making? Yes! And, via Zoom because of COVID-19. Not only did we successfully learn how to create a tricolor heart, some braver ones among us ventured into more elaborate patterns, added new motifs, or taught our own



Lace Hearts for Sokol Minnesota! 5th annual Craft Fundraiser by Česká a slovenská škola Twin Cities/ Czech & Slovak School Twin Cities blooms online in time for the always popular Roast Duck Dinner event on January 23.

children. The strong jolts of energy "surged up the stem into a burst of colorful blooms;" twenty-one hearts were made as a fundraiser in time for the always popular Roast Duck Dinner event.

Equipped by online tools, we approached Sokol Minnesota members, *škola* families and friends, together with colleagues from Czech schools outside of Minnesota. With this overwhelming support, the majority of the filigree hearts were reserved within the first couple of days. All of the hearts found happy recipients, who altogether pledged \$616 for Sokol Minnesota. Thank you all for your support and for "watering" our artistic curiosity: Aneta Janoušková, Arlene and Ed Hamernik, Blanka Brichta, Dagmar Beckel-Machyčková, Deb Vlasak, Doreen McKenney, Jean Draheim, Jitka Benedíková, Jitka Sebek, Joan Sedlacek, Lenka Hester, M. L. Kucera, Markéta Pálková, Martina Gurgel, Mary Jane Edel-Joyce, Míša Giancarlo-Kotek, Nina Marcussen, Pavel Janý, and Roger Green.

Gymnastics Update

By Jason Brozovich and Courtney Benson

With the loosening of some restrictions related to COVID-19 by Governor Walz, we are at a point to start offering some Gymnastics classes!

It has been nearly a year since we have met in person and things will look a bit differently as we adhere to current federal Centers for Disease Control and Prevention and Minnesota Department of Health guidelines. Past participants will be contacted directly as classes slowly roll out.

Boys classes began in February; girls' classes are on hold for now. Looking forward to being together again!

Big Thank You to Sokol Omaha By Mary Cahill

Sokol Minnesota is grateful to Sokol Omaha for donating gymnastics equipment to our unit.

The equipment includes mats, uneven bars, balance beams, and more. Sokol Omaha is selling their building and they no longer have an active gymnastics program.

A group from Sokol Minnesota drove to Omaha the weekend of February 20th to pick up the equipment.

CZECHAND SLOVAK

Have you renewed your Sokol Minnesota membership?

Sokol Minnesota Membership renewal/update letters were sent at the beginning of December for the 2021 calendar year.

If you did not receive yours, please contact us at **membership@sokolmn.org** to update your contact and interest information.

If you have not yet renewed, please do so **now** to stay connected to all our activities and to keep receiving the *Slovo* newsletter. We hope 2021 will be an exciting year of getting back to normal activities.

Membership payments can be made at www.sokolmn.org/membership using PayPal or mailed to Czech and Slovak Sokol Minnesota, 4716 17th Avenue South, Minneapolis, Minnesota 55407

Slovo Publication Information and Committees

The *Slovo* is published ten times per year by Czech and Slovak Sokol Minnesota, a non-profit organization, 383 Michigan Street, Saint Paul, Minnesota 55102. Phone: 651-290-0542.

Sokol Minnesota members receive the *Slovo* with their membership. To receive your *Slovo* in color via email instead of the black and white mail version, contact slovo@sokolmn.org.

A subscription to the *Slovo* is available for \$15 annually. For a subscription, please include name, address, phone number, email address and a \$15 check payable to Czech and Slovak Sokol Minnesota, and mail to *Slovo* at the above address.

The *Slovo* staff welcomes submissions. Send news, articles, and pictures digitally to *slovo*@sokolmn.org. The copy deadline for each issue is the first day of the prior month.

Advertising in the *Slovo* is available. Please email *slovo*@sokolmn.org for information on due dates and rates.

Moving or temporarily away: Please notify us via email or USPS mail of your change of address to make sure you continue to receive the *Slovo*. The *Slovo* is bulk mailed and non-deliverable copies are not forwarded or held by the Post Office. Non-delivered copies are returned to Sokol Minnesota and they are billed to us at the first-class mail rate. For this reason, we will not send additional issues until we have a current,

For this reason, we will not send additional issues until we have a current, correct mailing address on record for you.

Member volunteer *Slovo* staff: Co-Managing Editors: Tom Aubrecht, Mary Cahill, and Joyce Tesarek. Copy Editor: Tom Aubrecht. Production Layout: Mary Kucera.

Regular Contributors: Jean Draheim, Steve Ernest, Glynis Grostephan, M. L. Kucera, Norm Petrik, Dave Stepan, and Denise Stibal.

Photographers: Martina Gurgel and Joyce Tesarek.

Collages: Martina Gurgel. Sokol Minnesota

Ad Designer: Doreen McKenney, (pages 1, 5, 6, 12).

Mailing and Email Lists: Penny Tesarek and Tom Tesarek.

Mailing: Mary Cahill and Joan Sedlacek.

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Additional photographs or illustrations this issue provided by: Martina Gurgel (pages 4, 9: lace hearts), Jovahoviski family (3), Doreen McKenney (3: volunteers); 9: valentines), and Joan Sedlacek (3: ducks). February issue and postcard mailing: Mary Cahill and Joan Sedlacek.

More information at www.sokolmn.org

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Annual Czech traditions and events continue to be celebrated despite the cancellations of actual events due to the ongoing Covid-19 pandemic. Organizations have met the challenges with innovative adaptations.

The 21st annual Montgomery *Masopust* was February 14 with the crowning of the new 2021 King on the local radio station KCHK. Jim Mladek and Carol Kotasek, founders of Montgomery's *Masopust* celebration, and their committee of seven local Czech Americans, worked with Tom Goetzinger at the radio station to make sure the annual Masopust didn't miss a beat. Also on the committee were Maureen Gunderson, Karen Hiscox, Ed Keogh, Jean Keogh, Monika Lopaskovska, Dale Ruhland, and Darlene Wondra.

The traditional Masopust skit was pre-recorded early in the second week of February, maintaining proper social distancing at the studio, for broadcast on the 14th. Committee member Jean Keogh read on-air my Czech Honorary Consul greeting.



Montgomery's Masopust 2020 King Preston Anderson and the new 2021 King Korey Mach

The 2021 Masopust King Korey Mach looks forward to learning more about his Czech ancestry and sharing the Czech culture with others, while representing Montgomery. A junior at Tri City United High School in Montgomery, he is interested in trap shooting, blacksmithing, welding, pottery, playing French horn in the school band, hunting, and fishing.

Music for Masopust 2021 came from the three bands that have performed live at previous *Masopusts*: Larry Novotny and the Novotny Trio, Country Gentlemen (Glenn Wondra), and the Charlie Sticha Band.

The live *Masopust* celebration will resume in 2022 with the coronation skit, parade of crazy hats and costumes around the ball room, appearance of current and former Miss Czech and Slovak Minnesota

queens and princesses, the Kolacky Days royalty, live Czech polka music, classic Czech food with good beer, and a silent auction fundraiser at the American Legion Club.

Masopust (or Carnival) is the period of merrymaking, feasting, and parades just before the onset of the 40 days of fasting for Lent. In 2021 the dates were February 12-16, with Ash Wednesday on February 17. *Masopust*, which loosely means "farewell to meat," can take place anytime between February 1 and March 4; each year is different; it is dependent upon Easter, which is the first Sunday after the first full moon of the spring equinox.

At the National Czech and Slovak Museum and Library (ncsml.org) in Cedar Rapids, Iowa, the idea for a daily Czech and Slovak language lesson stemmed from the need to increase NCSML's digital presence, especially after the museum doors were temporary closed last March 17, for three months. President and CEO Dr. Cecilia Rokusek recorded more than 30 short videos sharing basic Czech and Slovak words and phrases. These videos soon found a captive audience. NCSML partnered with language instructors, who now teach Czech and Slovak language classes online to students around the world.

Another unexpected success was how quickly the online cooking class series sold out. "Now my goal is

for any inperson program to also be offered virtually," Director of Innovation and Outreach Teresa



Stenstrup A NCSML's online cooking class said. "Pre-pandemic, we live-streamed some lectures, but going forward, I hope to always stream any lecture, performance (when possible), class, and workshop."

Czech and Slovak Sokol Minnesota has turned its many traditional Czech and Slovak dinners into Curbside Cuisine events, with the food preordered, precooked, packaged and delivered curbside at preassigned pick-up times.

The result has been more meals ordered and sold. Everyone looks forward to when Sokol dinners can again be social gatherings, but the pick-up element will probably become part of the new tradition.

Photos: Jean Keogh (Montgomery's Masopust) and NCSML

Honorary Consulate of the Czech Republic in Minneapolis, MN

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1	C.S.P.S. HALL LEGACY FUND To keep us all safe from COVID-19, all our income-generating events are on hold. If you can help, we would greatly appreciate a donation to Sokol. Contact Joyce Tesarek to discuss your tax-deductible donation 612-822-6147 or email: finance@sokolmn.org Thank you!
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