UPCOMING EVENTS

October Slovo articles due September 1

Sokol Gift Shop open by appointment and during Festival!

Czech and Slovak Online Virtual Auction
September 18-23
(info on page 4)

32nd Czech & Slovak Festival
Sunday, September 26
11 a.m. - 5 p.m.
(info adjacent)

Czech and Slovak Language Classes
Starting September 27
(info on page 3)

Sokol Gymnasts
Starting September 13
(info on page 3)

Curbside Czech Roast Pork Dinner
Saturday, October 23
(info on page 5)

Beer Brewing, Curling, Kolo Sokol Bike Ride, Mushroom Hunt
Watch for info on these upcoming events!
(info page 2)

32nd annual
CZECH & SLOVAK FESTIVAL
Hosted by Czech and Slovak Sokol Minnesota

September 26 2021
11 a.m. - 5 p.m.
C.S.P.S. Hall, 383 Michigan Street, Saint Paul, MN

FREE Admission!
PUBLIC WELCOME!
Accessible Facility

- Ethnic Food
- Czech Beer
- Live Music
- Dance Performances
- Children’s Games
- Sokol Gift Shop
- Street Vendors
- Exhibits
- Special Guests
- Used Book Sale

Online Virtual Auction, September 18 - 23
www.32auctions.com/sokolminnesota2021
Auction winning bids pick up on September 26, during the Festival (indoors on the second floor.)

Thanks to our neighborhood friends at Waldmann Brewery for being a sponsor at this year’s Festival by brewing up and donating a specialty craft Bohemian Pilsner!

PLEASE DRINK RESPONSIBLY. Must show valid ID and be 21 years of age to purchase alcohol.

For updates on the Festival and COVID requirements go to www.sokolmn.org
Prezidentův komentář/President’s Notes by Dave Stepan

My 40-year (+1) high school reunion is now in the past, having been postponed from last year because of COVID. At least a half-dozen already vaccinated classmates got COVID; it appears we are not out of the woods yet. Getting back in touch with old friends is always something I look forward to, but spreading the virus is not what I expected. Please be safe, keeping in mind the vaccine may not stop you from catching or spreading the virus, but it should keep you from hospitalization or death. Please choose wisely. I hope you choose to celebrate a long, healthy life and all that goes along with family, friends, and old classmates.

I spent time with my family this summer mountain biking, inline skating, and hiking the Lake Superior Hiking Trail. While I missed Kolacky Days and the debut performance there of my middle daughter Michelle with the Saint Paul Czech and Slovak Folk Dancers, I was confident she would perform well.

We have many talented and committed younger members in our midst; these include the winners of the 2021 Sokol Minnesota Youth Leadership Award. Congratulations to our four winners this year: Nicole Giese, Zoe Hoiland, Claire Wickiser, and essay winner Theresa Williams! The awards will be presented at the Czech & Slovak Festival on Sunday, September 26.

We are organizing a new Youth Group of Sokol Minnesota’s dance and gymnastics participants, Czech & Slovak School Twin Cities (škola) students, or other children in grades 6-12. If you have a son, daughter, or grandchild involved in these activities, please mention our new youth group to them. We envision an active group taking leadership in developing and doing activities that they are interested in. If you have questions about this group, please let Louise Wessinger know at louisewessinger@msn.com

I am anxious to show you our C.S.P.S. Hall and hope you will come to the 32nd annual Czech & Slovak Festival on Sunday, September 26. We have worked hard to shine up the Hall in anticipation of this event.

Work continues on organizing our 3rd floor records and collections. I know there are many stories of parents or grandparents having met at the Hall. Maintaining a record of membership is one genealogical source of interest to current and future members. We need to digitize these records so future generations can understand how organizations like Sokol, CSA, ZCBJ/Western Fraternal Life, or C.S.P.S. played a role in our ancestors’ lives. In organizing the 3rd floor, I saw several old life insurance policies with beautiful Czech or Slovak writing.

This fall, I plan to organize a beer brewing event and a curling event. There will be limited numbers, so plan to register early! Steve Ernest continues to organize bike rides with the Kolo Sokol Bike Club.

I have few additional words of wisdom to impart to you all, so I will wish you all the health and happiness life offers. I look forward to seeing you in person at an upcoming Sokol Minnesota event. Nazdar!

Going away this winter? Forwarding your mail?
Do not forget about the Slovo! We mail at bulk mail rates.
The post office does not forward bulk mail and we pay an additional amount for each issue returned, so let us know your winter address.
Or, you can change your subscription to receive the Slovo in color via email;
Contact: slovo@sokolmn.org
We think our volunteers produce a great newsletter. We want to be sure you receive it!
We Miss All Of Our Sokol Minnesota Gymnasts So Much!

By Courtney Benson

With much anticipation, we are planning to follow our traditional gymnastics schedule in the fall, starting on Monday, September 13. Although health and safety protocols may change between now and then, we plan to adhere to Federal Centers for Disease Control and Prevention and the Minnesota Department of Health guidelines. We will upload a new 2021-22 brochure, registration form, and gymnastics calendar once they become available.

Continue to check our website for updates:

*sokolmn.org/at-our-hall/sokol_fitness

Looking forward to being together again:

#SAFETY1STSOKOLSECOND!

Contact fitness@sokolmn.org for questions or to reserve a spot today!

The Sokol Minnesota gymnastics instructors are excited to resume classes. Junior girls instructors (counter-clockwise from top) Claire, Isabelle, Ella, Zoe, and Theresa.
Sokol Minnesota Bike Club Rolls On and Now Parks at the C.S.P.S. Hall too! By Steve Ernest

In May 2019, Czech and Slovak Sokol Minnesota added the Kolo Sokol Bike Club as a new activity. The word kolo means bike in Czech and Slovak. The idea for the new group was to organize safe, family-friendly outings that help strengthen the physical and social health of our community. The group had five organized rides in 2019 but in 2020, because of the pandemic, there were only a couple of rides. In 2021, we have had about one ride a month, usually starting from the C.S.P.S. Hall.

One of Kolo Sokol’s original goals, after getting exercise, making new friendships, and strengthening existing friendships, was to get bike racks installed at the Hall. As more and safer bike routes continue to be added in and around Saint Paul in recent years, it seemed having the ability to secure bikes at the Hall would be a useful addition.

After many months of work by a variety of people, together with financial support from the American Sokol Organization and installation assistance from the City of Saint Paul, bike racks at the Hall are now a reality. In addition to providing places for bikers to secure their bikes at the Hall, these racks display the traditional Sokol logo and are painted in Sokol red, proudly displaying the spirit of our organization. Many thanks go out to everyone who supported this effort! For more information on Kolo Sokol activities, see the Sokol Minnesota web site at sokolmn.org/bike.

Automatic External Defibrillator Installed at C.S.P.S. Hall

By Bob Kotek

The Building and Properties Trustees Committee (BPTC) has been busy ensuring Czech and Slovak Sokol Minnesota’s C.S.P.S. Hall remains a safe and inviting venue for events. It is available for Sokol Minnesota sponsored events as well as general public rentals.

This June, the BPTC purchased and installed an Automatic External Defibrillator (AED) in the Hall. This life-saving device has become common in public spaces and has proven to be effective in treating people stricken with cardiac arrest. The device is designed for use by non-medically trained people and it provides real-time, step-by-step audio instructions.

The Cardiac Science Powerheart G5 AED Training Video overview is provided at this internet URL: https://tinyurl.com/3r7der9a

Special thanks to Sokol Minnesota member and BPTC contributor, Gary Novak, for doing the AED unit research and making a generous donation to its purchase. Also, thanks to Dan Bednar, Jake Jacobson, and Dave Stepan for installing the AED on the south wall of the second-floor dining room at the Hall.

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To participate in the auction, register at www.32auctions.com/sokolminnesota2021 with your name and email information

Bidding begins: 8 a.m. Saturday, September 18
Bidding ends: 8 p.m. Thursday, September 23

Pick up winning items 11 a.m. to 5 p.m. on Sunday, September 26 during Czech and Slovak Sokol Minnesota’s 32nd Annual Czech & Slovak Festival at the C.S.P.S. Hall.

All proceeds will be used to ensure future programs at Sokol Minnesota and for the on-going preservation of our C.S.P.S. Hall.
Cheryl Nelson Theuninck Completes Doctorate in Health Administration

Long-time Sokol Minnesota member Cheryl Nelson Theuninck completed her doctorate in Health Administration from Central Michigan University in 2020, but COVID-19 prevented a graduation ceremony. In May 2021, she had the opportunity to participate in the doctoral ceremony for 2020 and 2021 graduates. Professionally, Cheryl develops health and wellness products for UnitedHealth Group and will use her degree to further research in health and wellness, as well as other research projects involving the Czech Republic and the Slovak Republic. “I’m a lifelong learner and found the journey to be so enjoyable.” Congratulations to Dr. Cheryl!

Amanda Tesarek Earns Law Degree

Amanda Tesarek graduated Magna Cum Laude from the University of Minnesota Law School on May 15, 2021. Amanda received concentration honors in Family Law, a Mondale Engagement Award, and was selected for induction into Order of the Coif (includes being in the top 10 percent of the JD class). As the President of the University of Minnesota Law Council, Amanda coordinated law student volunteers following the deaths of George Floyd and Daunte Wright, helped expand course offerings on race and the law, and created professional development grants for students. Amanda received a Minnesota Justice Foundation notation for completing over 200 hours of law-related volunteer work during law school. In addition to her law-related volunteer work, Amanda volunteered with Sokol Minnesota (including Amanda and her husband Lucas DeBono as Slovo Layout Managers for one year), local food shelves, and election non-profits. She is one of the University of Minnesota’s first eleven Civic Scholars. During law school, Amanda worked at the U.S. and Hennepin County Attorney’s Offices and the Indian Child Welfare Act Clinic. Amanda’s article on indigenous child welfare will be published in the Minnesota Journal of International Law. Following graduation, Amanda will serve as a law clerk for Justice Anne McKeig of the Minnesota Supreme Court. After her clerkship, she will join the Hennepin County Attorney’s Office. Congratulations to Amanda!

Auction Items Needed by September 10 for Sokol Minnesota’s Czech & Slovak Festival Online Virtual Auction

If you have suitable donations, please contact Glynis Grostephan: ggrostephan@earthlink.net

October 23, 2021
CZECH ROAST PORK DINNER
Hosted by Czech and Slovak Sokol Minnesota

Curbside Saturday pick-up
10 a.m. - 1 p.m.
C.S.P.S. Hall
383 Michigan St., Saint Paul, MN 55102

Please place your Curbside order by contacting:
food@sokolmn.org or call/text: 952-941-0426

Roast pork, raised bread dumplings, sauerkraut, caraway rye bread, applesauce, and dessert $20

Payment and Deadline
Prepaid orders must be received no later than 10 a.m. Friday, October 22, 2021 via:
PayPal: www.sokolmn.org/cc/ or check: payable and mailed to Sokol Minnesota 383 Michigan St. Saint Paul, MN 55102 (Please mail check 10 days in advance to arrive on time)
Highlights of the Czech and Slovak Sokol Minnesota July Board Meeting

By Denise Stibal

The Board of Directors virtual meeting was called to order on July 15 at 7 p.m. by President Dave Stepan.

The Publicity Chair position is still vacant. Dave will reach out to members to help with publicity and EBlasts.

Denise Stibal reported for the Rental Committee that we are receiving many inquiries and Dawn Bulera is giving frequent tours of the C.S.P.S. Hall.

Correspondence Secretary Glynis Grostephan reported $578.25 was received in donations to the General Fund.

Education Chair Pat Slaber noted Language classes will resume the week of September 26 with a hybrid combination of in-person and Zoom classes. The third-floor blinds are in the process of being installed. Old books from the third floor have been sorted out. Unneeded books will be donated to the Czech & Slovak Festival for sale; whatever is not sold will be discarded.

Membership Director Norm Petrik and Financial Secretary Steve Ernest noted we received seven new applications in July, which places membership at 297. Our goal is to again reach 300 members by the Czech & Slovak Festival. The possibility of special recognition for the 300th member was discussed.

Treasurer Don Haselbauer reported on our current total balance.

Board of Budget and Finance chair Joyce Tesarek reported we were not approved for the Saint Paul STAR grant this year. The 2022 Czech Government grant is currently being written; motion approved to request funds for tables for the 3rd floor. We may also request furniture for the classroom and the new office on the first floor.

Board of Instructors Directors Jason Brozovich and Mary Cahill reported boys’ and girls’ gymnastics classes are starting September 13. We are waiting on CDC guidelines for mask requirements.

Planning Committee Chair Mary Cahill noted the committee met and is discussing how best to maximize our Hall space.

Building and Property Trustees Committee Chair Bob Kotek reported the steam radiator valve upgrade project is complete. The repair of the damage to the west side exterior double doors should be completed late next week.

Charitable Gaming Manager Ed Hamernik reported gross income for June was $17,000. $20,000 from the Gaming Account was transferred to the Sokol Minnesota General Fund. The August expense budget was approved and another contribution to General Fund is being considered for August.

President Dave Stepan said upcoming event ideas include beer brewing at Vine Park Brewery, a fall mushroom hunt, and curling. The bike racks will be delivered on July 23.

In New Business, we discussed a donation to Markéta Pálková’s home village, which was damaged in the tornado in Moravia. Markéta is currently in the Czech Republic and we decided to wait to hear from Markéta on the specific needs for help. There will be a Czech and Slovak Festival Meeting on August 2.

Meeting adjourned at 8:40 p.m. The next on-line Board meeting will be Thursday, August 19.

Sokol Minnesota Thanks Donors

By Glynis Grostephan

Czech and Slovak Sokol Minnesota greatly appreciates your donations supporting Sokol programs and the maintenance of our historic C.S.P.S. Hall.

GENERAL FUND:
Under $99: Steve Ernest, and Mary Ann Tumasmith.
$500 - $999: Linda and Rich Nicoli.

<table>
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<th>General Fund</th>
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Sokol Minnesota Welcomes New Members

By Steve Ernest

Seven new members were accepted at the Czech and Slovak Sokol Minnesota July Board of Directors meeting:

Mary Carson of Lonsdale.
Mary Beth Davis of Minneapolis.
Adam Horejsi of Minneapolis, with interests in all aspects of Sokol events, history and genealogy, films and theater, cooking classes, and the bicycle group.
Mary Jo Kiewel of Saint Paul.
Lubos Mares of Shoreview.
Larry and Rebekah Lorence of Minneapolis, with interests in films and theater, music and dances, history and genealogy, publicity and marketing, and language, cooking and crafting classes.

Welcome to Sokol Minnesota!

If current members would like to provide updates on the activities they are interested in, an easy-to-complete online form is available at sokolmn.org/mysokolmembership

New American Sokol Film Lending Library

American Sokol Organization (ASO) National Education Director Sue Bares announced on August 1 the founding of the ASO film lending library. With funding from the 2021 Czech Ministry Grant, ASO purchased films produced in the Czech Republic or Slovak Republic or with Czech-Slovak cultural or historical themes, as well as videos of Sokol Slets. The videos are either in Czech with English subtitles or in English.

Watch for a Czech and Slovak Movie Night!
The Consular Corps College (CCC), a professional membership organization of career and honorary consuls and protocol officers, has asked Marit to join its executive board as Administrative Support. She has been a member of CCC since the late Don Pafko (1939-2017), Honorary Consul of the Slovak Republic (Minnesota) and who also served as a College Corps College Chancellor, urged her to join CCC when she became the Honorary Czech Consul designate in 2014. Also on the board: CCC Dean and Honorary Consul of Malta (San Francisco) Louis J. Vella; Cynthia Gutierrez, CCC Vice President and Honorary Consul of Brazil (South Texas); Kathleen Blakely, CCC Secretary, Honorary Consul of Japan (Las Vegas); and Todd Wiebusch, CCC Treasurer and Honorary Consul of Finland (Charlotte, North Carolina).

Harriet joined Czech Heritage Club members at its booth at International Festival Faribault (Minnesota) on July 10 and at Czech Out New Prague on August 5. At Kolacky Days in Montgomery on July 25, she rode in the parade with Vi Chromy, immediate past president of the Czech Heritage Club. (photo right) Vi Chromy and Marit carried the Czech flag for the flag ceremony in Faribault (third and second from right). Vi read the flag’s meaning: The flag colors are borrowed from the coat of arms of Bohemia. The white stands for the people of the Czech Republic and their peaceful nature and honesty. The red symbolizes courage, valor, and patriotism of the nation. The blue is symbolic of vigilance, truth, loyalty, and perseverance. Each country presented a trivia fact; for the Czechs: The most popular sport of the country is hockey. (photo left) On July 29, Marit attended an evening outdoor concert of Central Europe music by SlovCzech Band at the American Swedish Institute in Minneapolis.

(photo right) Towards the end of the very successful 30th Czech Heritage Festival in Bechyn on August 8, Tim Kojetin, Secretary of the St. Mary’s Preservation Society which sponsors the Festival, shared broad congratulatory smiles with Marit (left) and Louise Wessinger, director of the Saint Paul Czech and Slovak Folk Dancers, which gave an exciting and audience-pleasing performance, only its second performance in 15 months. Photo by Christine Kojetin. (photo left) The National Czech & Slovak Museum and Library (NCSML), Cedar Rapids, Iowa, displayed the Sokol Minnesota Czech & Slovak Festival cards at its table in Bechyn on August 8. Lori Lane (left), Director of Community Development; Leroy Bradway, Cataloging Librarian; and Paula Bradway.

Marit Lee Kucera, Honorary Consul
651-238-0447
minneapolis@honorary.mzv.cz OR mlkucera@outlook.com

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Advertising in the Slovo is available. Please email slovo@sokolmn.org for information on due dates and rates.
Moving or temporarily away: Please notify us via email or USPS mail of your change of address to make sure you continue to receive the Slovo.
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Mailing and email Lists: Penny Tesarek and Tom Tesarek.
Mailing: Mary Cahill and Joan Sedlacek.
Advisors: Christy Banks, Arlene Hamemik, M. L. Kucera, and Jitka Sebek.
Additional contributors this issue: Courtney Benson, Jean Draheim, Steve Ernest, Glynis Grostephan, Bob Kotek, Cheryl Nelson, Pat Slaber, Amanda Tesarek.
Additional photographs or illustrations this issue (not already noted) provided by: Tom Aubrecht (page 4), Courtney Benson (3), Steve Ernest (4), M. L. Kucera (7), Cheryl Nelson (5), Amanda Tesarek (5).
September issue mailing: Mary Cahill and Joan Sedlacek.

More information at www.sokolmn.org
C.S.P.S. HALL LEGACY FUND
To keep us all safe from COVID-19, many income-generating events are on hold. If you can help, we would greatly appreciate a donation to Sokol.
Contact Joyce Tesarek to discuss your tax-deductible donation: 612-822-6147 or email: finance@sokolmn.org Thank you!

Name: ___________________________________________________________
Address: _________________________________________________________
City: ___________________________ State, Zip: ___________________________
Phone: __________________________ Email: ____________________________

To help refinish the C.S.P.S. Hall floors, I make a tax-deductible donation of $ __________________
I would like my gift designated: ☐ in memory ☐ in honor of:
______________________________________________________________

Make checks payable to Sokol Minnesota
Write Legacy Fund in the memo line
Mail to C.S.P.S. Hall Legacy Fund
Attn: Treasurer
383 Michigan Street, Saint Paul, Minnesota 55102
Or donate online: www.sokolmn.org Thank You!

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Czech and Slovak Sokol Minnesota SLOVO September 2021

Fall 2021 Events at Czech and Slovak Sokol Minnesota
383 Michigan Street, Saint Paul, Minnesota 55102 • 651-290-0542

Czech and Slovak Sokol Minnesota continues to modify its schedule to keep members, volunteers, and guests safe during the pandemic. We adhere to guidelines from the Minnesota Department of Health and the U.S. Centers for Disease Control. For the most current information, go to the Sokol Minnesota website: sokolmn.org Instagram: @sokolminnesota or Facebook: facebook.com/sokolminnesota

Online Virtual Auction
Six days: Saturday, September 18, 8 a.m. to Thursday, September 23, 8 p.m.
Pick-up for auction winners is on Sunday, September 26, at the 32nd Annual Czech & Slovak Festival, 11 a.m.–5 p.m.
To participate: register with your name and e-mail at www.32auctions.com/sokolminnesota2021

32nd Annual Czech & Slovak Festival
Sunday, September 26, 11 a.m.–5 p.m.
Free Admission! Public Welcome!
Craft Bohemian Pilsner from Waldmann Brewery, ethnic food, live music, dance performances, exhibits, children’s games, street vendors, information booths, book sale, youth group sign-up, Sokol Gift Shop, and special guests.

Curbside Czech Roast Pork Dinner
Saturday, October 23; Curbside pick-up: 10 a.m.–1 p.m.
Traditional menu: roast pork, potato dumplings, apple sauce, sauerkraut, caraway rye bread, and dessert. $20*
Place your prepaid order no later than 10 a.m. on Friday, October 22. Text/call 952-941-0426

Curbside Roast Duck Dinner
Saturday, January 22, 2022
Curbside pick-up: 10 a.m.–1 p.m.
Half-a-roast duck, potato dumplings, sweet and sour red cabbage, caraway rye bread, apple sauce, and dessert $25*
Place your prepaid order early, limited number of Roast Duck Dinners available.

*To prepay your orders, use credit/debit card or PayPal at www.sokolmn.org or send a check to Sokol Minnesota by the event cutoff date: 383 Michigan Street, Saint Paul, MN 55102

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Curbside Holiday Bake Sale and Breakfast
Saturday, November 20,
Curbside pick-up: 10 a.m.–1 p.m.
Koláče (apricot, cream cheese, poppyseed, prune, or raspberry). $1 each*
Place your prepaid koláče orders no later than 10 a.m. on November 13. Text/call 952-941-0426

Pancake Breakfast-to-go with sausage and fruit. $8*
Place your prepaid breakfast order by November 13. Call 651-290-0542

Children’s Holiday Celebration
Friday, December 3, 6 p.m.
Details will be available on Sokol website, Instagram, Facebook, or December Slovo newsletter

2022 Curbside Roast Duck Dinner
Saturday, January 22, 2022
Curbside pick-up: 10 a.m.–1 p.m.
Half-a-roast duck, potato dumplings, sweet and sour red cabbage, caraway rye bread, apple sauce, and dessert $25*
Place your prepaid order early, limited number of Roast Duck Dinners available.